

VISAA Track & Field Championship - 5/16/2025 to 5/17/2025**Sports Backers Stadium****Results****Girls 100 Meter Dash Division II****Meet Record: 12.16 M 5/17/2024 Jeylah Hamrick**

	Name	Yr	School	Finals
Finals				
1	Heru, Aziyah	11	Atlantic Sho	12.13M 10
2	Ofole, Chiamaka	11	Stonebridge	13.25 8
3	Ofole, Zara	9	Stonebridge	13.26 6

Girls 200 Meter Dash Division II**Meet Record: 24.73 M 5/15/2010 Emmy Fraenk**

	Name	Yr	School	Finals
Finals				
1	Heru, Aziyah	11	Atlantic Sho	26.14 10
2	Nguyen, Kaitlynn	10	Peninsula Ca	27.44 8
3	Spence, Lily	12	Trinity Scho	27.72 6

Girls 400 Meter Dash Division II**Meet Record: 56.45 M 5/18/2019 Catherine Hyman**

	Name	Yr	School	Finals
Finals				
1	Heru, Aziyah	11	Atlantic Sho	59.30 10
2	Spence, Lily	12	Trinity Scho	1:00.16 8
3	Branan, Rachel	10	Peninsula Ca	1:00.29 6

Girls 800 Meter Run Division II**Meet Record: 2:11.62 M 5/17/2024 Reese Dalton**

	Name	Yr	School	Finals
Finals				
1	Pongracz, Alyssa	12	Peninsula Ca	2:17.37 10
2	Bayer, Francesca	12	Trinity Scho	2:19.53 8
3	Chaney, Kerrigan	12	North Cross	2:21.27 6

Girls 1600 Meter Run Division II**Meet Record: 4:47.32 M 5/17/2024 Reese Dalton**

	Name	Yr	School	Finals
Finals				
1	Chaney, Kerrigan	12	North Cross	5:16.56 10
2	Prince, Rachel	11	Greenbrier C	5:18.38 8
3	Freeman, Remington	9	Walsingham A	5:25.74 6

Girls 3200 Meter Run Division II**Meet Record: 10:33.50 M 5/17/2024 Maddie Gardiner**

	Name	Yr	School	Finals
Finals				
1	Chaney, Kerrigan	12	North Cross	11:55.35 10
2	Curtis, Isabella	10	Peninsula Ca	12:01.94 8
3	Perkins, Kaitlyn	9	North Cross	12:24.16 6

Girls 100 Meter Hurdles Division II**Meet Record: 14.73 M 5/15/2010 Shantell Bingham**

	Name	Yr	School	Finals
Finals				
1	Smith, Karly	11	Roanoke Cath	16.61 10
2	Kenny, Alicia	11	New Covenant	17.22 8
3	Floyd, Charlie	12	Roanoke Cath	17.29 6

Girls 300 Meter Hurdles Division II**Meet Record: 44.03 M 5/18/2019 Willa Shannon**

	Name	Yr	School	Finals
Finals				
1	VanRaaphorst, Lexie	10	Trinity Chri	49.91 10
2	Brewley, Allie	8	Atlantic Sho	49.95 8
3	Smith, Karly	11	Roanoke Cath	50.23 6

Girls 4x100 Meter Relay Division II**Meet Record: 49.49 M 5/16/2009 St. Stephe's & St. Agnes**

	Team	Relay	Finals
Finals			
1	Stonebridge School	A	51.79 10
	1) Cannon, Taniya 9	2) Ofole, Zara 9	
	3) Campbell, Riya 11	4) Ofole, Chiamaka 11	
2	Roanoke Cath	A	52.19 8
	1) Llavore, Justinne 11	2) Smith, Karly 11	
	3) Edwards, Jamariah 10	4) Floyd, Charlie 12	
3	St. Anne's-B	A	52.92 6
	1) Tinsley, Serenity 8	2) Druzgal, Keira 11	
	3) Hyonkeu, Ange 12	4) Meney, Carli 10	

Girls 4x400 Meter Relay Division II**Meet Record: 3:57.97 M 5/18/2019 Saint Catherine's**

	Team	Relay	Finals
Finals			
1	Trinity Chri	A	4:06.29 10
	1) Hsieh, Maggi 10	2) Hsieh, Leyla 12	
	3) Dean, Julia 12	4) Borcharding, Meredith 11	
2	Peninsula Catholic	A	4:08.87 8
	1) Branan, Rachel 10	2) Nguyen, Kaitlynn 10	
	3) Liddle, Samantha 9	4) Pongracz, Alyssa 12	
3	Trinity Scho	A	4:08.91 6
	1) Spence, Lily 12	2) Garcia, Angelina 11	
	3) Severino, Lucia 8	4) Bayer, Francesca 12	

Girls 4x800 Meter Relay Division II**Meet Record: 9:42.36 M 5/19/2018 Episcopal High School**

	Team	Relay	Finals
Finals			
1	Stonebridge School	A	9:57.85 10
	1) Nunziata, Josie 10	2) Campbell, Riya 11	
	3) Busby, Sarah 10	4) Frost, Eve 11	
2	Trinity Chri	A	10:01.32 8
	1) Hsieh, Maggi 10	2) Chronister, Anna 9	
	3) Hsieh, Leyla 12	4) Dean, Julia 12	
3	Peninsula Catholic	A	10:05.54 6
	1) Curtis, Isabella 10	2) Patterson, Mary 10	
	3) Liddle, Samantha 9	4) Pongracz, Alyssa 12	

VISAA Track & Field Championship - 5/16/2025 to 5/17/2025**Sports Backers Stadium****Results****Girls High Jump Division II**

Meet Record: 5-05 M 1981 Pease
Meet Record: 5-05 5/17/2014 Nadia Khoury

Name	Yr	School	Finals
Finals			
1 Smith, Karly	11	Roanoke Cath	4-10.00 10
2 Schultz, Brooklyn	8	Walsingham A	4-08.00 8
3 Hobson, Iva	10	Peninsula Ca	J4-08.00 6

Girls Pole Vault Division II

Meet Record: 11-10 M 5/21/2022 Lauren Lucy

Name	Yr	School	Finals
Finals			
1 Smith, Leah	12	Broadwater A	7-06.00 10
2 Smith, Karly	11	Roanoke Cath	7-00.00 8
3 Davis, Sierra	9	Atlantic Sho	6-06.00 5
3 Stadnyk, Anna	12	Roanoke Cath	6-06.00 5
3 Griffin, Caroline	10	Atlantic Sho	6-06.00 5

Girls Long Jump Division II

Meet Record: 18-04.50 M 1995 Miller

Name	Yr	School	Finals
Finals			
1 Holland, Courtnee	10	Virginia Epi	17-02.50 10
2 Edwards, Miracle	10	Fredericksbu	16-04.50 8
3 Smith, Karly	11	Roanoke Cath	16-00.75 6

Girls Triple Jump Division II

Meet Record: 39-09.25 M 5/17/2008 Nefertiti Smith

Name	Yr	School	Finals
Finals			
1 Edwards, Miracle	10	Fredericksbu	35-03.50 10
2 Smith, Karly	11	Roanoke Cath	34-03.50 8
3 Holland, Courtnee	10	Virginia Epi	34-00.00 6

Girls Shot Put Division II

Meet Record: 40-05 M 5/17/2008 Jessica Watkins

Name	Yr	School	Finals
Finals			
1 Chen, Brooklyn	11	North Cross	37-05.50 10
2 Llavore, Justinne	11	Roanoke Cath	35-04.00 8
3 Edenfield, Olivia	12	Atlantic Sho	33-00.00 6

Girls Discus Throw Division II

Meet Record: 134-07 M 5/20/2023 Gabi Deglau

Name	Yr	School	Finals
Finals			
1 Maurer, Emily	11	St. Anne's-B	115-08 10
2 Smith, Leah	12	Broadwater A	110-08 8
3 Llavore, Justinne	11	Roanoke Cath	97-03 6

Boys 100 Meter Dash Division II

Meet Record: 10.53 M 5/21/2016 Michael Davenport

Name	Yr	School	Finals
Finals			
1 Roman, Micheal	11	Blue Ridge S	10.89 10

2 Matsinhe, Dayo	11	Blue Ridge S	10.98 8
3 Ross, Henry	11	Nansemond-Su	11.06 6

Boys 200 Meter Dash Division II

Meet Record: 21.32 M 5/18/2019 Curtis Borden

Name	Yr	School	Finals
Finals			
1 Ross, Henry	11	Nansemond-Su	23.27 10
2 Cruz, Yariel	11	Blue Ridge S	23.45 8
3 Grubb, James	10	North Cross	23.81 6

Boys 400 Meter Dash Division II

Meet Record: 48.34 M 1966 Calhoun

Name	Yr	School	Finals
Finals			
1 Yoder, Anthony	9	Randolph-Mac	51.33 10
2 Peebles, Khristian	11	Peninsula Ca	51.71 8
3 Kuker, Matthias	11	Trinity Scho	52.43 6

Boys 800 Meter Run Division II

Meet Record: 1:52.87 M 5/18/2019 Liam Bellamy

Name	Yr	School	Finals
Finals			
1 Lawrence, Jon Nathan	11	The Covenant	1:59.40 10
2 Dovgalyuk, Calvin	12	Trinity Chri	1:59.88 8
3 Moscoso, Christopher	12	Trinity Chri	2:00.76 6

Boys 1600 Meter Run Division II

Meet Record: 4:10.24 M 1976 Ledder (Mile)

Name	Yr	School	Finals
Finals			
1 Lawrence, Jon Nathan	11	The Covenant	4:24.20 10
2 Dovgalyuk, Calvin	12	Trinity Chri	4:25.05 8
3 Moscoso, Christopher	12	Trinity Chri	4:26.80 6

Boys 3200 Meter Run Division II

Meet Record: 9:06.64 M 1976 Layman (Two Mile)

Name	Yr	School	Finals
Finals			
1 Buppert, Hayes	10	Tandem Frien	9:57.80 10
2 Britton, Spencer	10	North Cross	10:04.41 8
3 Blemker, Jack	11	Tandem Frien	10:06.18 6

Boys 110 Meter Hurdles Division II

Meet Record: 14.36 M 5/17/2024 Davian Burke

Name	Yr	School	Finals
Finals			
1 O'Herron, Sean	11	Roanoke Cath	15.62 10
2 Lemcke, Cohen	11	Blue Ridge S	15.83 8
3 Thomas, Jamal	11	Nansemond-Su	15.99 6

Boys 300 Meter Hurdles Division II

Meet Record: 38.05 M 5/17/2024 Davian Burke

Name	Yr	School	Finals
Finals			
1 O'Herron, Sean	11	Roanoke Cath	41.50 10
2 Dunmyer, Antwan	12	Immanuel Chr	41.64 8

VISAA Track & Field Championship - 5/16/2025 to 5/17/2025**Sports Backers Stadium****Results****Finals ... (Boys 300 Meter Hurdles Division II)**

Name	Yr	School	Finals
3 Lemcke, Cohen	11	Blue Ridge S	42.80 6

Boys 4x100 Meter Relay Division II**Meet Record: 41.68 M 5/20/2023 Woodberry Forest****L. Ellis, J. Ferguson, S. Robinson, R. Handelsman**

Team	Relay	Finals
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Finals

1 Blue Ridge School	A	42.44 10
1) Stafford, Darius 12	2) Cruz, Yariel 11	
3) Matsinhe, Dayo 11	4) Roman, Micheal 11	
2 North Cross	A	44.06 8
1) Hart, Ja'ziel 11	2) Petkov, Kamen 12	
3) Grubb, James 10	4) Rhodes, Jase 11	
3 Atlantic Sho	A	44.45 6
1) Franks, Christian 12	2) Edmunds, Dexter 12	
3) Starks, Malik 10	4) Brewley, Wesley 12	

Boys 4x400 Meter Relay Division II**Meet Record: 3:22.44 M 5/19/2012 Woodberry Forest****J Yellets, R Pivovarnik, M Kelley, E Ways**

Team	Relay	Finals
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Finals

1 Blue Ridge School	A	3:34.02 10
1) Monrabal, Lucas 10	2) Dolo, Izayk 12	
3) Kim, Hamlin 10	4) Cruz, Yariel 11	
2 North Cross	A	3:34.93 8
1) Britton, Parker 9	2) Johnson, Jacob 12	
3) Rhodes, Jase 11	4) Hart, Ja'ziel 11	
3 Veritas School	A	3:38.05 6
1) McElduff, Nate 12	2) Campbell-Robertson, John 1	
3) Brewer, Luke 12	4) Sherrard, Jack 12	

Boys 4x800 Meter Relay Division II**Meet Record: 7:54.66 M 5/18/2013 Fork Union****N Okaah, R Garver, P Lomong, A Lomong**

Team	Relay	Finals
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Finals

1 Eastern Menn	A	8:40.52 10
1) Rhodes, Adam 12	2) Bixler, Calvin 12	
3) Castaneda, Daniel 9	4) Sneary, Jedrek 12	
2 Trinity Chri	A	8:48.19 8
1) Waggoner, Gideon 10	2) Greenwood, Daniel 9	
3) Crestetto, Jared 12	4) Kwitchoff, Jeremy 10	
3 Immanuel Chr	A	8:59.19 6
1) Sizelove, Benjamin 10	2) Orsini, Tristan 10	
3) Taylor, Scott 12	4) Easter, Braxton 10	

Boys High Jump Division II**Meet Record: 6-08.50 M 5/16/2009 Ben Katz**

Name	Yr	School	Finals
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Finals

1 Hairston, Jordan	12	Miller Schoo	6-03.00 10
2 O'Herron, Sean	11	Roanoke Cath	6-02.00 8
3 Esievo, Tega	12	Randolph-Mac	6-00.00 6

Boys Pole Vault Division II**Meet Record: 16-06 M 5/18/2024 Victor Olesen**

Name	Yr	School	Finals
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Finals

1 Eno, Thomas	11	Broadwater A	11-06.00 10
2 McWhorter, Jackson	12	Blue Ridge S	11-00.00 8
3 Omura, Aito	11	Blue Ridge S	10-06.00 6

Boys Long Jump Division II**Meet Record: 24-01.50 M 1984 Eric Metcalf**

Name	Yr	School	Finals
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Finals

1 Daviu, Pedro	11	Blue Ridge S	21-11.50 10
2 O'Herron, Sean	11	Roanoke Cath	21-08.50 8
3 Thomas, Jamal	11	Nansemond-Su	21-02.25 6

Boys Triple Jump Division II**Meet Record: 47-07 M 5/20/2006 Brandon Caleb**

Name	Yr	School	Finals
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Finals

1 Daviu, Pedro	11	Blue Ridge S	47-09.00M 10
2 Thomas, Jamal	11	Nansemond-Su	45-04.00 8
3 Rhodes, Jase	11	North Cross	44-06.25 6

Boys Shot Put Division II**Meet Record: 66-01 M 5/20/2023 Rodney Lora**

Name	Yr	School	Finals
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Finals

1 Sone, Valdin	11	Blue Ridge S	51-11.00 10
2 Hayes, Nathan	11	North Cross	45-05.25 8
3 Frogner, Sander	12	North Cross	44-05.50 6

Boys Discus Throw Division II**Meet Record: 182-10 M 5/19/2012 Jordan Roach**

Name	Yr	School	Finals
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Finals

1 Ye, Steven	10	Broadwater A	134-08 10
2 Arnold, Logan	11	Broadwater A	129-08 8
3 Ponzar, Maden	11	Immanuel Chr	126-10 6